Acupressure for Chemotherapy Induced Nausea


Acupressure for Morning Sickness


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**Acupressure for Motion Sickness**


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**Acupressure for Post-Operative Nausea**


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**Acupressure for Other Conditions**


Research and Letters on Shiatsu


Research on Tuina


Miscellaneous Articles


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**Multiple Sclerosis**

1. **Chinese Medicine mitigates the pain, swelling and weakness of multiple sclerosis** Craig M. Cormack, B.A., R.M.T. www.risingtao.ca September 2008 Sara, a 41-year-old MS patient, was treated with a combination of pharmaceuticals, herbs, supplements, Chinese Massotherapy and Chi Kung over a 20-week period from January to May 2008. Results included a significant reduction of Sara's pain and swelling, a dramatic lessening of RLS (Restless Leg Syndrome) and an increase in her leg stability, overall balance, stamina, energy, and social confidence. [Full Study](#)
The case presented here represents three years’ observation of heart, weight, and blood pressure normalization in an obese 47-year-old woman. Janet M. was treated with a combination of diet, light exercise, nutritional supplements and various alternative medical treatments. The observed results warrant communication to others with similar health concerns. The results include the healing of heart scarring, a weight drop of 135 pounds, and a blood pressure drop from 180/100 to 120/80. The following information can be adapted to each individual's needs and resources. Full Study

2. A multifaceted integrative approach to healing chronic pancreatitis Prepared by Craig M. Cormack, B.A., R.M.T. www.risingtao.ca March 2008 A 49-year-old male patient diagnosed with chronic pancreatitis was treated with a combination of healthy diet, Tuina Massage (Chinese Massotherapy), Chi Kung meditation, herbs and supplements over a 60-week period. The treatment resulted in no further attacks, a significant reduction of pancreatic inflammation, and dissipation of an internal blockage in the pancreas. The success of the treatment provides hope for individuals suffering from chronic pancreatitis. Full Study